



## Deliverable 1.6

### Final Conference



The STOP project has received funding from the European Union's Rights, Equality, and Citizenship Programme under Grant Agreement No 881648

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A final conference will be organised at the end of the project duration. One European common final conference to present project results, recommendations, and sustainability of STOP. The target group will be obstetrics, gynaecologists, IT-specialists, midwives, and other relevant professionals. We expect approx. 80 participants. Programme, signed attendance list, and outcomes (presentations) will be submitted.

Revision History			
Revision	Date	Comments	Author (name and organisation)

**File name:** STOP D1-6 Final Conference.pdf

**Statement of originality:**

This deliverable contains original unpublished work except where clearly indicated otherwise. Acknowledgement of previously published material and of the work of others has been made through appropriate citation, quotation, or both.

## Executive Summary

To maximize the outreach of STOP's final conference, it is decided to hold the conference adjacent to the International Day for the Elimination of Violence Against Women. The conference is held at University of Granada with participation of numerous public and NGO stakeholders. The conference receives widespread media coverage, including newspapers and television. The STOP team presents outcomes from the project; this is followed by discussions with the audience about the feasibility of interventions against intimate partner violence centered around pregnancy, interventions targeted migrant women, and the potential of centering the intervention around pediatric care. The program for the event, a signed attendance list, and the presentation is attached as appendices.

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## 1. INTRODUCTION

### 1.1 Purpose of the document

The purpose of this document is to report on the STOP project's final conference.

### 1.2 Structure of the document

This document consists of the following: a brief overview of the final conference and the annexes Program, Attendance List, Presentations.

### 1.3 Glossary

IPV Intimate partner violence

STOP Stop Intimate Partner Violence in Pregnancy

## 2. STOP'S FINAL CONFERENCE

November 25 is the United Nation's annual International Day for the Elimination of Violence Against Women. As STOP's last consortium meeting took place on November 24-25, 2022, it was appropriate to arrange a dedicated dissemination seminar in conjunction with the meeting. As the timing was so close to the project's ending, the Danish and Spanish project teams decided that this event should be STOP's final conference. It was organised by the Spanish team with participation of the entire project team as well as Spanish stakeholders. Due to language barriers, it was felt that holding the event mainly in Spanish would boost participation. In Denmark, separate events have been held for the Region of Southern Denmark's obstetrical board, as well as external stakeholders (see Deliverable 1.2).

The final conference was held at the University of Granada with participants from, among others Instituto Andaluz de la Mujer, Ayuntamiento de Granada, Asociación de Psicología Feminista, midwives and gynecologists from the Andalusian public health system, the vice rector of Equality, Inclusion and Sustainability at University of Granada, and a former responsible from the Spanish government's Department of Violence Against Women.

The press office at University of Granada generated significant media attention; a regional TV station was present and later that broadcast a news clip about the results of STOP, and several newspapers covered the event as well.

Project coordinator, Vibeke Rasch, introduced the project and explained the rationale behind STOP, after which professors Stella Martín de las Heras and Jesús López Megías presented the

outcomes of STOP. This was followed by a plenary discussion session, during which the audience touched upon the following:

- It was highlighted that in Andalucía there is no proactive IPV screening. If there were, it would be necessary to specify what resources would be offered.

Administrative representatives from the Andalusian public health system unfortunately had to cancel last minute, which prevented further discussion of implementation of IPV screening in routine antenatal care in the region. Many participants agreed on the following proposal:

- **To carry out a similar project in pediatrics as women visit the consultation regularly, and the partner is less likely to attend, hence, IPV screening will be easier.**

Further, the following points were raised by the audience:

- Reflections on pregnancy as a moment of detection. Consider and address the loss of contact with the woman after pregnancy and potential additional costs.
- Desirability of having a gateway to the Instituto Andaluz de la Mujer from the health services.
- Consider that women can expect that when the baby is born the violence will end, and that this may lead women to abandon the intervention. There is under-detection, especially in pregnancy.
- Emphasis on mental health with respect to violence against women.
- Considerations as to whether it is the first pregnancy or not, and if that influences the women to continue with the intervention. Many times, in second or subsequent pregnancies it is easier

Concerning a future IPV-project, the project team is eager to focus on IPV beyond pregnancy and - as suggested during the conference - focus on IPV exposed mothers via pediatric care (when children are attending check-ups, vaccinations, etc. during their earliest years).

Finally, IPV among migrant women was debated at length:

- Future projects should also focus on migrant women; there are many migrant women who suffer different problems. Not only language barrier and not only partner violence (female genital mutilation, etc.). If we are going to continue along this line, we should also include other types of violence, not just partner violence.
- Pregnancy is also a feasible moment for detection of a human trafficking situation.
- Future projects with migrant women would need for cultural adaptation.

Regarding projects dealing with migrant women exposed to IPV, it should be noted that the STOP consortium applied for a new project focusing on this target group. While the proposal - despite a favorable evaluation - was ultimately rejected, it is very likely that University of Granada and Region of Southern Denmark will continue to seek funding for this project.

### 3. APPENDICES

Three appendices are attached: the program for the final conference (Appendix 1), a signed attendance list (appendix 2), and the outcomes – presentations – of the event (Appendix 3).

#### Appendix 1: PROGRAM

### STOP Final Conference



*Date:* Thursday November 24, 2022  
9:45 a.m. - Noon

*Location:* University of Granada  
Carmen de la Victoria  
Cta. del Chapiz, 9  
18010 Granada  
Spain

#### *Agenda*

9:45 a.m.	Welcome
10:00 a.m.	Introduction and summary of STOP (by the Project Coordinator)
10:10 a.m.	Presentation of STOP's main results and findings
10:40 a.m.	Discussion with Stakeholders
Noon	Refreshments and networking





The project has received funding from the European Union's Rights, Equality and Citizenship Programme under grant agreement No 881648. The content on this website reflects only the author's view and the European Commission is not responsible for any use that may be made of the information it contains.

Appendix 2: SIGNED ATTENDANCE LIST

STOP Dissemination Seminar, Granada, Spain  
November 24, 2022
















Name	Organization	Signature
Juan C. Torres	UGR	
Laura Navarro Mendis	UGR	
Alba Saez Lombares	UGR	
Rafael Grano Sresano	SAB	
Anaps Sánchez Rodríguez	USAL (Un de Salamanca)	
Elena Alvarez Silmeron	Apuntamiento Granada.	
Terec Juliana Estera	IAM	
MIBURZ LORENTE AROSTI	UGR- MEDINA UGR	
INAR BENJAMIN HORTE	RSD- OUA	
BEKITSCH EI	SDV / NTNU	
MIRIAM LUKASSE	USNI / OSLOMET	
Alba M. Onedo C. Gutierrez	UGR	




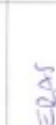


STOP Dissemination Seminar, Granada, Spain  
November 24, 2022



Name	Organization	Signature
Rox Rodríguez Benlín	University of Granada	
ROCIO MARTINEZ GUERRER	UNIVERSIDAD DE GRANADA	
ANTONIA MARTÍN TELANOS	AYUNTAMIENTO DE GRANADA	
N. JOSÉ BARRALLO JURADO	AYUNTAMIENTO DE GRANADA	
Hielena Aljero Lozano	ASOCIACIÓN PSICOLOGÍA FEMINISTA	
Pilar María Barrego Castellano	Asociación Psicología Feminista	
Manuel Pineda Guzmán	Asociación Psicología Feminista	
P. Cae Preste Arce	Am. psicología feminista	
Ue Dolores Redondo Pats	AM Psicología Feminista	
KRISTINE FALK PEDERSEN	Center of digital psychiatry	
LEA ANKERSTJEMME	SDU, DENMARK	
Karen Andreasen PHE Lindt	SDU, Denmark OHT, Denmark	 

STOP Dissemination Seminar, Granada, Spain  
November 24, 2022



Name	Organization	Signature
Ana Isabel Muñoz STELLA MARTIN DE LAS HERAS	University of Granada UNIVERSITY OF GRANADA	 Stella Martín
Vibeke Rasch	Region of Southern Denmark	
Karen Anderson	Region of Southern Denmark	
Antonella Ludmila Foresta Calvente	University of Granada	

### Appendix 3: OUTCOMES (PRESENTATIONS)



Conferencia final | Granada | Jueves, 24 de noviembre de 2022



European Commission, Justice Programme (JUST) - Rights, Equality and Citizenship Programme (REC) (REC-RDAP-GBV-AG-2019, Grant Agreement number 881648).



Conferencia final | Granada | Jueves, 24 de noviembre de 2022

Proyecto STOP – Parar la violencia de pareja contra las mujeres en el embarazo



#### Entidades participantes



Región de Dinamarca del Sur:

- Hospital Universitario de Odense (OUH) – Entidad líder
- Centro de Telepsiquiatría



Universidad de Granada (UGR) – España

#### Duración

30 meses (24 iniciales + 6 extensión) | Septiembre 2020 - Febrero 2023

#### Presupuesto

**Total: 1.000.771€**

Contribución de la UE: 800.616€ (80%) (European Union's Right, Equality and Citizenship Programme)



European Commission, Justice Programme (JUST) - Rights, Equality and Citizenship Programme (REC) (REC-RDAP-GBV-AG-2019, Grant Agreement number 881648).



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**Objetivo**

Detectar y empoderar a mujeres embarazadas víctimas de violencia de género en la pareja a través del uso de herramientas de e-Salud.

↓ **Violencia**     
 ↓ **Síntomas depresivos**     
 ↑ **Comportamientos de seguridad**

Cribado



Video-asesoramiento



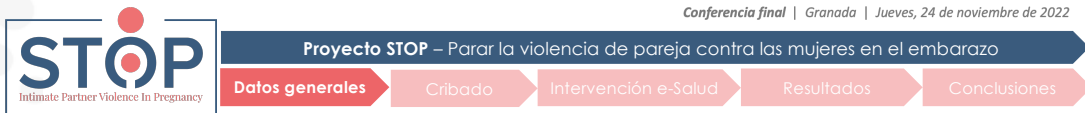
App planes seguridad



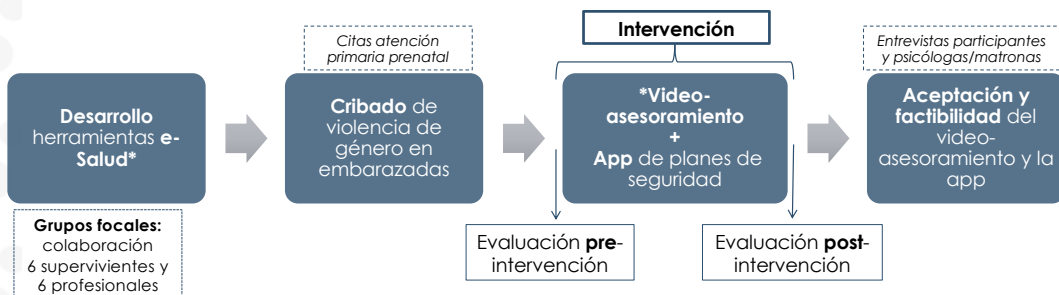
European Commission, Justice Programme (JUST) - Rights, Equality and Citizenship Programme (REC) (REC-RDAP-GBV-AG-2019, Grant Agreement number 881648).



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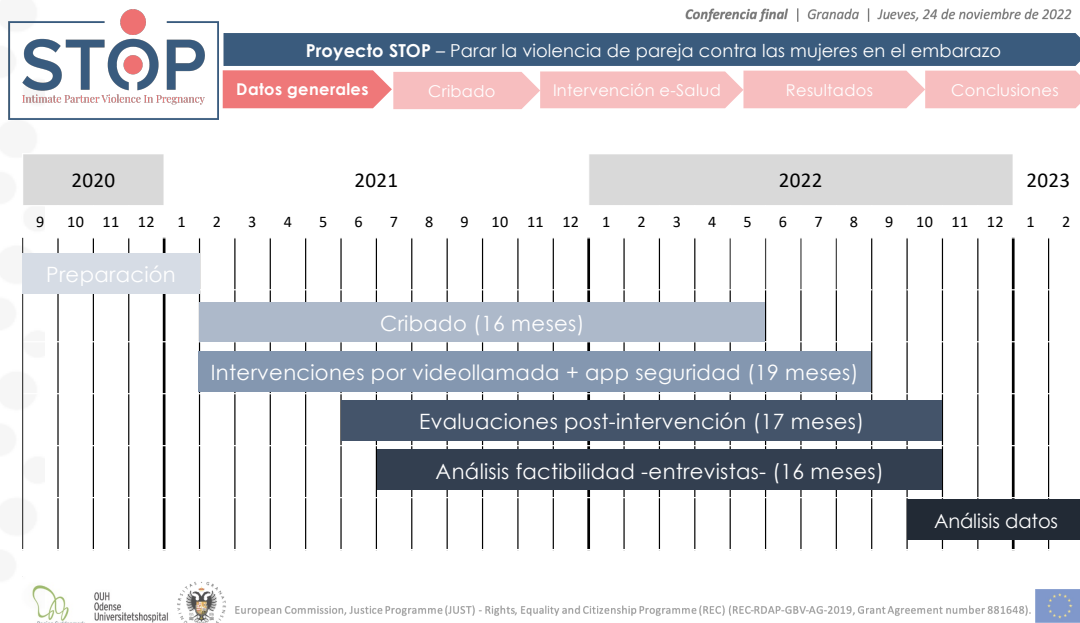
**Estructura del Proyecto STOP**



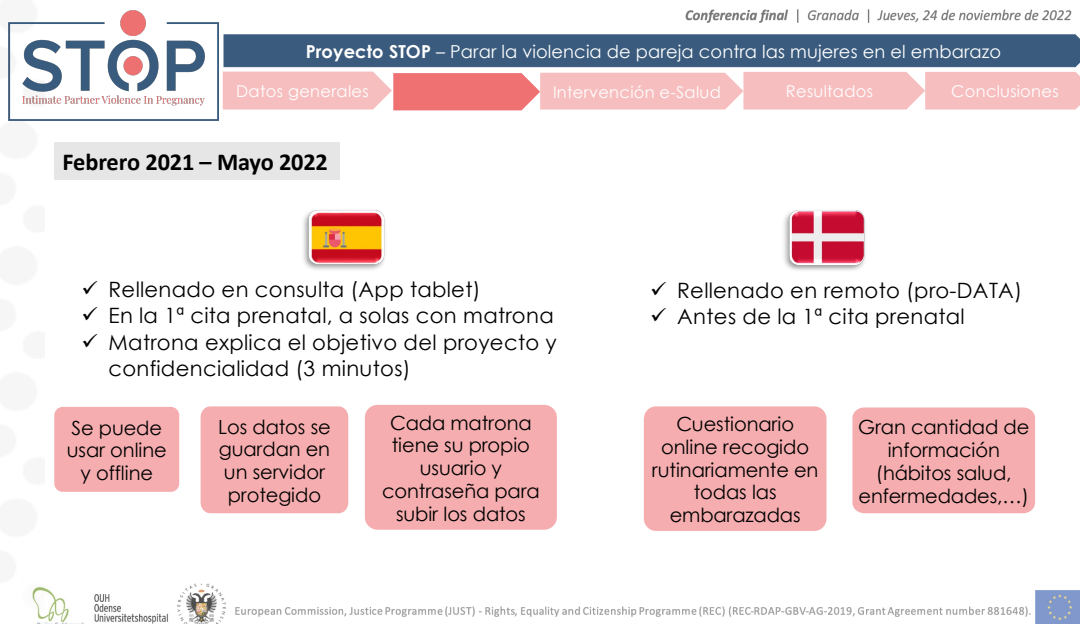
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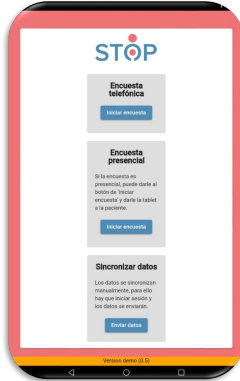
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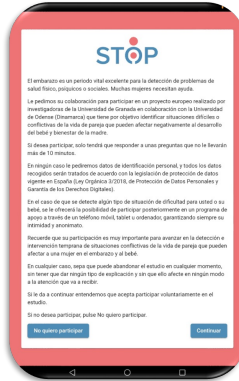
Proyecto STOP – Parar la violencia de pareja contra las mujeres en el embarazo

- Datos generales
- Cribado**
- Intervención e-Salud
- Resultados
- Conclusiones

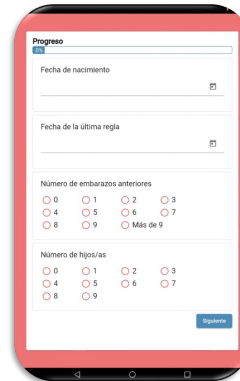
Pantalla inicio



Presentación Proyecto



Demográficos



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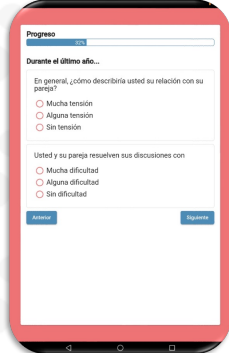
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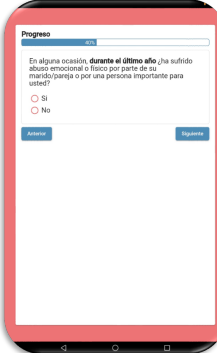
- Datos generales
- Cribado**
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WAST

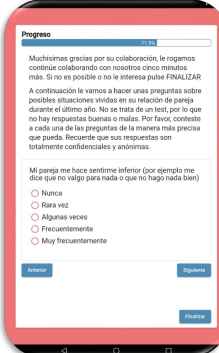


Cuestionarios

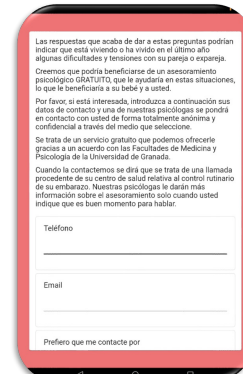
AAS



ISA



Positiva invitación video-asesoramiento



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**POSITIVAS**



Se le ofrece el video-asesoramiento en la app

<p><b>Acepta</b> ✓</p> <p>Se le solicita teléfono/correo para contactar (y días y horas más seguras para que la llamemos)</p>	<p><b>Rechaza</b> ✗</p> <p>Motivos (app) y se le proporciona un teléfono y correo de contacto por si quiere participar en un futuro próximo</p>
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La matrona ofrece el video-asesoramiento en la cita prenatal

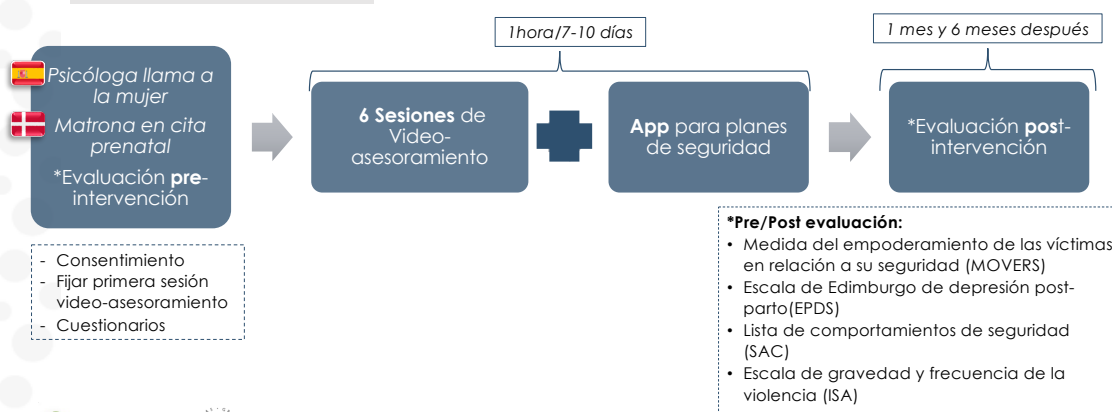
**Acepta** ✓

Se establece fecha y hora para la primera sesión de video-asesoramiento

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**Febrero 2021 – Agosto 2022**



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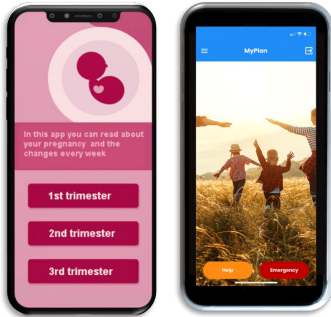
Proyecto STOP – Parar la violencia de pareja contra las mujeres en el embarazo



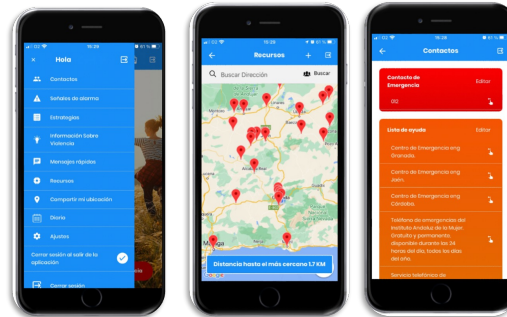
**1. App planes de seguridad**

Desarrollada teniendo en cuenta opiniones y sugerencias de supervivientes y profesionales.

Enmascarada



Recursos



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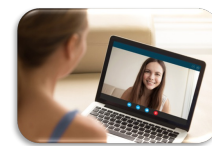
Proyecto STOP – Parar la violencia de pareja contra las mujeres en el embarazo



**2. Video-asesoramiento**

6 sesiones

- S1. Evaluación de la violencia
- S2. Plan de seguridad, redes de contacto y recursos comunitarios
- S3. Psico-educación: culpabilización, dinámicas abusivas, motivaciones del agresor, consecuencias de la violencia, reacciones sociales
- S4. Autocuidado y autoeficacia
- S5 y S6. Empoderamiento mediante toma de decisiones y resolución de problemas. Miedos y preocupaciones. Cierre



Llevado a cabo por psicólogas

Llevado a cabo por matronas formadas en violencia de género en la pareja

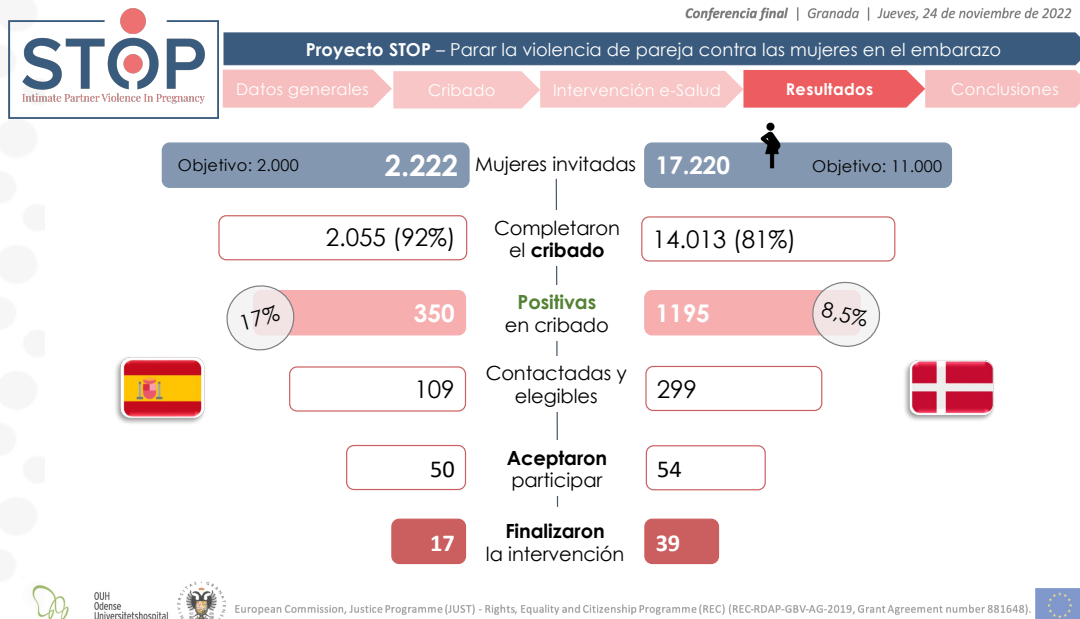


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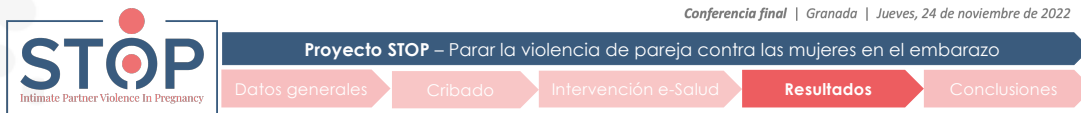




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Escala de gravedad y frecuencia de la violencia (ISA)

	Pre		Post (1 mes)		Sig.
	N	Media (DT)	N	Media (DT)	
<b>ISA TOTAL</b>	17	9.44 (12.10)	15	8,26 (9.33)	0.604
<b>Violencia Física</b>	17	3.70 (9.51)	15	1.20 (2.76)	0.313
<b>Violencia No Física</b>	17	14.78 (15.82)	15	6.76 (6.52)	<b>0.011</b>

↓ **Violencia no física** ✓

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**Proyecto STOP – Parar la violencia de pareja contra las mujeres en el embarazo**

 Datos generales    Cribado    Intervención e-Salud    **Resultados**    Conclusiones

Medida del empoderamiento de las víctimas en relación a su seguridad (MOVERS)

	Pre		Post (1 mes)		Sig.
	N	Media (DT)	N	Media (DT)	
<b>MOVERS TOTAL</b>	14	43.64 (9.79)	14	52.50 (9.44)	<b>&lt;0.001</b>
<b>Recursos Propios</b>	14	20.86 (5.46)	14	24.36 (5.65)	<b>0.030</b>
<b>Apoyo Externo</b>	14	11 (4.31)	14	15.86 (2.96)	<b>0.001</b>
<b>Costes</b>	14	6.21 (2.12)	14	5.71 (2.67)	0.382

**Empoderamiento**

 OUH  
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Lista de comportamientos de seguridad (SAC)

	Pre		Post (1 mes)		Sig.
	N	Media (DT)	N	Media (DT)	
<b>SAC TOTAL</b>	17	3.18 (4.80)	16	2.81 (4.05)	0.576
<b>Utilidad conductas</b>	6	3.23 (0.76)	7	3.50 (0.90)	0.333

**Comportamientos de seguridad**

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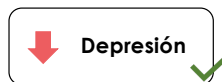


**Proyecto STOP – Parar la violencia de pareja contra las mujeres en el embarazo**



**Escala de Edimburgo de depresión post-parto (EDPS)**

	Pre		Post (1 mes)		Sig.
	N	Media (DT)	N	Media (DT)	
<b>EPDS</b>	17	11.76 (6.19)	16	8.69 (5.75)	<b>&lt;0.001</b>



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**Proyecto STOP – Parar la violencia de pareja contra las mujeres en el embarazo**



**LOGROS**

Posible y deseable. Acceso gran número de mujeres. Detección

Útil y valorado positivamente. Económico. Seguro. Múltiples facilidades (flexibilidad, evita desplazamientos, áreas rurales)

Disminuye violencia psicológica, protege frente a depresión y aumenta el empoderamiento.

Ha podido ser probada. Valorada como útil.

**SCREENING EN SALUD PÚBLICA**

**ASESORAMIENTO ONLINE**

**BENEFICIOS PARA LAS USUARIAS**

**APP**

**RETOS**

Formación, capacitación y apoyo al personal trabajador de primera línea.

¿Cómo reducir la dificultad para contactar con las mujeres? ¿Mayor participación?

¿Cómo lograr una mayor seguridad para ellas? ¿Acceso a mujeres que no hablan español?

Lograr mayor interactividad, asemejarla a la de otros países, en los que funciona con IA.



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**MUCHAS GRACIAS POR SU ASISTENCIA Y ATENCIÓN**

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Página web Proyecto STOP

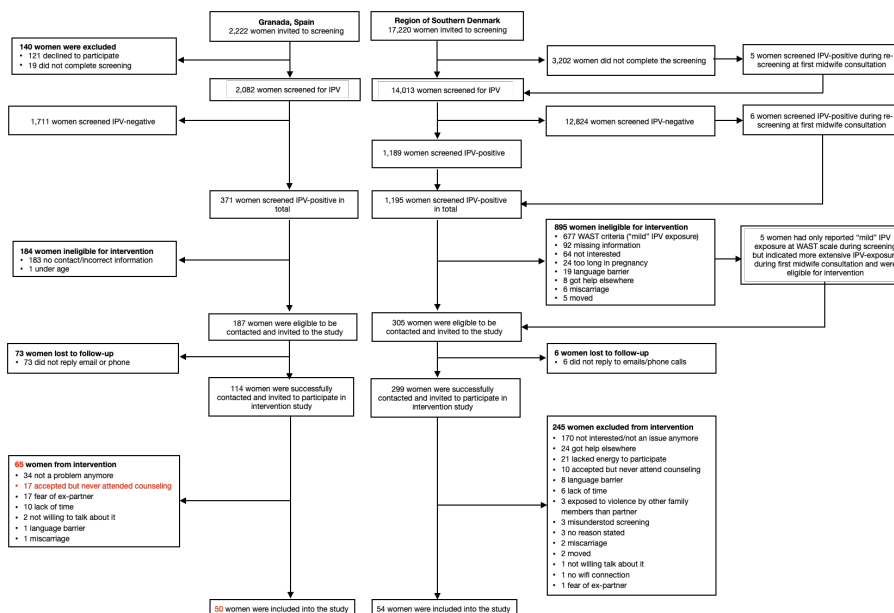


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Proyecto STOP – Parar la violencia de pareja contra las mujeres en el embarazo

Datos generales

Cribado

Intervención e-Salud

Resultados

Conclusiones

**PREVALENCIA**

Escala de Evaluación del Abuso (Abuse Assessment Scale, AAS)

**Violencia de género en la pareja en los últimos 12 meses**

**2,5% (52)** de las mujeres evaluadas

Violencia emocional **2,4% (50)**

Violencia física **0,43% (9)**

Violencia sexual **0,19% (4)**



N= 2.055 mujeres evaluadas

**Han sentido miedo de su pareja o expareja**

**4,9% (100)** de las mujeres evaluadas



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